

# Level 1 Proficiency Rudiments

## 1) Single Stroke Roll



RLRL RLRL RLRL RLRL

## 2) Buzz Roll



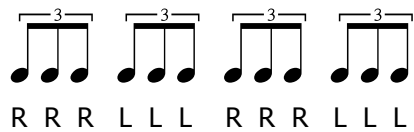
R L R L R L R L

## 3) Double Stroke Roll



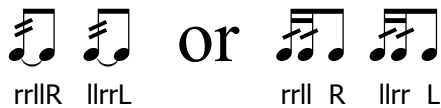
RLLR RLLR RLLR RLLR

## 4) Triple Stroke or "French" Roll



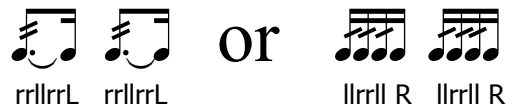
R R R L L L R R R L L L

## 5) Five Stroke Roll (3 movements)



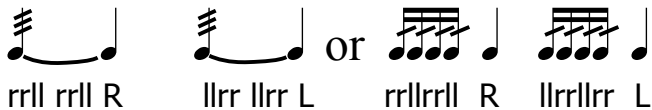
rrlR lrrL or rrl R lrr L

## 6) Seven Stroke Roll (4 Movements)



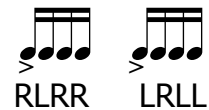
rrlrrL rrlrrL or llrrl R llrrl R

## 7) Nine Stroke Roll (5 Movements)



rrll rrl R llrr llrr L rrlrrl R llrrllr L

## 8) Single Paradiddle



RLRR LRLR

## 9) Flam



<sup>^</sup>L R <sup>^</sup>R L

## 10) Drag or Ruff



<sup>^</sup>LL R <sup>^</sup>RR L

↗ = note value X2

↘ = note value X4

≡ = note value X8