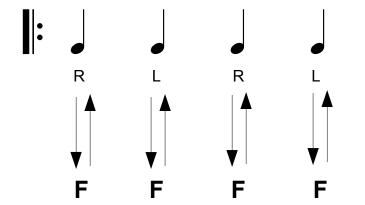
Stick Control Exercises

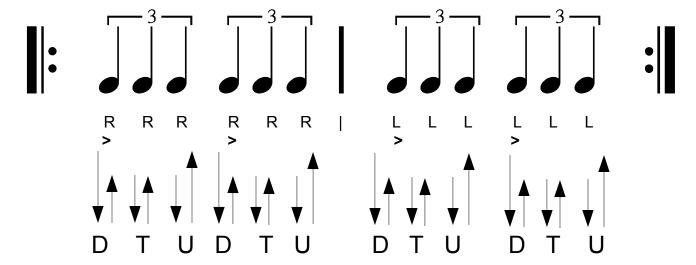
Control Strokes

- F Full Stroke
- T Tap Stroke
- **D** Down Stroke
- **U** Up Stroke

1) Free Strokes



2) French Triples



3) F D T U's

