



2009 NCAA DIVISION III MEN'S OUTDOOR QUALIFYING STANDARDS

	SUNYAC	ECAC	NCAA Provisional	NCAA Automatic
100 meters	11.72	11.10	10.78	10.55
110 meter HH	17.07	15.76	14.90	14.42
200 meters	23.57	22.45	21.80	21.31
400 meters	52.30	50.20	48.50	47.40
400 meter IH	1:00.28	56.60	54.30	52.65
800 meters	2:00.74	1:55.20	1:53.00	1:51.10
1,500 meters	4:10.24 (4:30.23)	4:01.85 (4:21.18)	3:55.00 (4:13.80)	3:50.60 (4:09.00)
3,000 Steeplechase	10:45.28	9:47.00	9:23.00	9:08.00
5,000 meters	16:04.37	15:15.00	14:45.00	14:28.00
10,000 meters	34:00.98	32:25.00	31:10.00	30:20.00
4x100 meter relay	ns	44.00	41.90	41.00
4x400 meter relay	ns	3:26.50	3:16.80	3:13.00
High Jump	1.83m	1.90m	2.02m	2.11m
Pole Vault	3.71m	4.35m	4.70m	5.04m
Long Jump	6.11m	6.65m	7.00m	7.30m
Triple Jump	12.14m	13.70m	14.20m	14.80m
Shot Put	12.20m	14.25m	15.45m	17.00m
Discus	35.63m	42.60m	47.00m	51.50m
Javelin	42.94m	54.60m	57.50m	62.50m
Hammer	36.50m	47.50m	52.00m	57.00m
Decathlon	-	5,450 points	6,050 points	6,600 points

- = Not Contested

ns = No Standard