



TOP 5 MEN'S OUTDOOR TRACK & FIELD PERFORMERS
(Since 2002, As of 5/23/09)

EVENT	NAME	PERFORMANCE	DATE	LOCATION
100 meters	1. Joe Reed	10.59	5/4/07	Oneonta
	2. Tom O'Neill	10.73	4/30/05	Oneonta
	3. Art Driscoll	11.00	4/3/04	CNU
	4. Aundrae Dair	11.06	4/30/05	Oneonta
	4. Fred Romer	11.06	5/3/08	Oneonta
200 meters	1. Joe Reed	21.35	5/24/07	Oshkosh
	2. Tom O'Neill	21.65	4/30/05	Oneonta
	3. Art Driscoll	21.84	5/15/04	Williams
	4. Scott Pollard	21.95	4/15/06	Soka
	5. Eric Theiss	22.13	5/5/07	Oneonta
400 meters	1. Scott Pollard	48.30	5/13/06	Icahn Stadium
	2. Joe Reed	48.42	4/21/07	Cortland
	3. Eric Theiss	48.44	5/18/07	Oneonta
	4. Tom O'Neill	48.47	5/7/05	Oneonta
	5. Fred Romer	49.48	5/2/09	Oneonta
800 meters	1. Sean Daly	1:53.54	5/11/09	Swarthmore
	2. Fred Romer	1:53.93	5/10/08	Icahn Stadium
	3. Alex Grout	1:56.22	4/25/08	Cortland
	4. Frank Pfaffenberger	1:56.60	4/25/08	Cortland
	5. Ryan Wells	1:58.25	4/16/05	USMMA
1,500 meters	1. Alex Grout	3:55.13	5/10/08	Icahn Stadium
	2. Nick Pampena	3:58.80	5/11/09	Swarthmore
	3. Ryan Wells	3:59.08	5/13/05	St. Lawrence
	4. Frank Pfaffenberger	4:04.07	4/26/08	Cortland
	5. Sean Daly	4:05.79	4/26/09	Cornell
1 Mile	1. Lee Lurie	5:06.69	4/20/02	Hartwick
	2. Kyle Keator	5:28.86	4/20/02	Hartwick
3,000 meters	1. Alex Grout	8:57.80	5/3/08	Oneonta
	2. Frank Pfaffenberger	9:07.02	5/3/08	Oneonta
	3. Nick Pampena	9:08.49	4/14/09	Delhi
	4. Nick Scalfone	9:08.75	4/16/05	USMMA
	5. Ryan Walter	9:09.03	4/16/05	USMMA
2 Miles	1. Dan Verdi	10:24.06	5/3/03	Oneonta
	2. Bryan Reles	10:41.87	5/3/03	Oneonta
	3. Joe Melanson	10:41.92	5/3/03	Oneonta
5,000 meters	1. Marty Nicholson	15:37.53	5/10/08	Icahn Stadium
	2. Ryan Walter	15:41.99	5/6/06	Oneonta
	3. Nick Scalfone	15:48.86	4/30/05	Oneonta
	4. Brian Suozzo	16:04.24	4/13/02	West Point
	5. Dan Verdi	16:19.30	4/10/04	Delaware

10,000 meters	1. Marty Nicholson	31:56.66	4/23/09	Penn Relays
	2. Ryan Walter	32:59.90	5/13/05	St. Lawrence
	3. Nick Scalfone	33:10.24	4/29/05	Oneonta
	4. Andy Wahila	33:54.24	4/29/05	Oneonta
	5. Dan Verdi	34:14.92	4/26/03	Kingston
110 meter HH	1. Matt Weeks	15.65	5/11/09	Swarthmore
	2. Rich Kardas	15.96	5/13/07	Icahn Stadium
	3. Tye Thompson	16.05	5/13/07	Icahn Stadium
	3. Tim Moran	16.05	4/16/05	USMMA
	5. Nate VanDeusen	16.39	4/17/09	Cortland
400 meter IH	1. Sean Wren	56.23	5/2/09	Oneonta
	2. Mike Hennessy	57.09	5/1/09	Oneonta
	3. Scott Pollard	57.14	4/23/05	Oneonta
	4. Joe Reyes	57.63	4/19/08	Cortland
	5. Tim Moran	57.96	4/29/05	Oneonta
3,000 meter steeplechase	1. Matt Durkin	9:28.55	5/17/07	Oneonta
	2. Tim Greenberg	9:30.64	5/14/09	Springfield
	3. Ryan Wells	9:52.49	4/30/05	Oneonta
	4. Ryan Walter	10:26.01	4/30/05	Oneonta
	5. Brian Baird	10:27.30	4/17/09	Cortland
400 meter relay	1. O'Neill, Bogdan, Wood, Driscoll	42.75	4/17/04	Oneonta
	2. Palermo, Driscoll, Wood, O'Neill	42.97	5/22/04	MIT
	3. Dair, O'Neill, Remillard, Hurley	43.11	5/7/05	Oneonta
	4. O'Neill, Palermo, Wood, Driscoll	43.14	4/23/04	Cortland
	5. White, O'Neill, Wood, Driscoll	43.27	4/10/04	Delaware
800 meter relay	1. Mazzarisi, Verteramo, Smith, White	1:33.04	3/30/02	Mary Wash.
	2. Mazzarisi, White, Smith, Cain	1:33.51	4/26/02	Penn Relays
	3. Morrissey, Abbott, Walter, Wells	1:42.47	3/26/05	Mary Wash.
1,600 meter relay	1. Reed, Romer, Remillard, Theiss	3:15.31	5/18/07	Oneonta
	2. Reed, Romer, Reyes, Theiss	3:15.80	5/10/08	Icahn Stadium
	3. Remillard, Pollard, Reed, Theiss	3:18.24	5/19/06	Springfield
	4. Romer, Daly, Greenberg, Theiss	3:19.00	5/2/09	Oneonta
	5. White, O'Neill, Wood, Driscoll	3:19.76	5/15/04	Williams
3,200 meter relay	1. Romer, Pfaffenberger, Greenberg, Daly	8:03.18	4/18/09	Cortland
	2. Gymburch, Goodge, Bruton, Hancock	8:50.54	4/18/09	Cortland
SMR (200-200-400-800)	1. Reed, Reyes, Romer, Grout	3:31.31	4/12/08	TCNJ
	2. Verteramo, Curran, Mazzarisi, Valcik	3:43.04	3/30/02	Mary Wash.
	3. Abbott, Wells, Walter, Cortright	4:04.14	3/26/05	Mary Wash.
DMR	1. Pfaffenberger, Hancock, Bruton, Pampena	10:38.54	4/24/09	Penn Relays
	2. Walter, Morrissey, Wells, Cortright	11:25.65	3/26/05	Mary Wash.
High Jump	1. Danny Sullivan	1.95m (6' 4 3/4")	4/26/09	Cornell
	2. Shaun Hurley	1.94m (6' 4 1/4")	5/10/03	Albany
	3. Jeremy Cline	1.84m (6' 1/2")	4/17/04	Oneonta
	4. Brian Foote	1.72m (5' 7 3/4")	4/5/08	Rich. Stockton
	4. Nate VanDeusen	1.72m (5' 7 3/4")	4/18/09	Cortland
Pole Vault	1. Aaron Payne	3.70m (12' 1 1/2")	4/29/06	Brockport
	2. Adam Remillard	3.05m (10' 0")	5/5/07	Oneonta

Long Jump	1. Shaun Hurley	6.91m (22' 8")	4/29/05	Oneonta
	2. Adam Remillard	6.88m (22' 6 ³ / ₄ ")	5/13/07	Icahn Stadium
	3. Josh Bogdan	6.61m (21' 8 ¹ / ₄ ")	4/17/04	Oneonta
	4. Brian Foote	6.46m (21' 2 ¹ / ₂ ")	4/19/08	Cortland
	5. Nate VanDeusen	6.18m (20' 3 ¹ / ₂ ")	4/26/09	Cornell
Triple Jump	1. Shaun Hurley	14.19m (46' 6 ³ / ₄ ")	5/20/05	Springfield
	2. Adam Remillard	13.41m (44' 0")	4/30/05	Oneonta
	3. Jeremy Cline	13.23m (43' 5")	4/21/07	Cortland
	3. Tim Moran	13.23m (43' 5")	5/13/05	St. Lawrence
	5. Mike Barry	12.31m (40' 4 ³ / ₄ ")	4/28/07	Fredonia
Shot Put	1. Mike DeVasto	14.80m (48' 6 ³ / ₄ ")	4/18/09	Cortland
	2. Kevin Harding	13.31m (43' 8")	5/1/09	Oneonta
	3. Steve Brandis	12.84m (42' 1 ¹ / ₂ ")	4/12/08	TCNJ
	4. Kyle Dresser	12.32m (40' 5")	4/17/04	Hartwick
	5. Bryan Stringer	11.69m (38' 4 ¹ / ₄ ")	4/19/03	Hartwick
Discus	1. Craig Lynch	40.46m (132' 9")	5/2/09	Oneonta
	2. Chad Calhoun	39.68m (130' 2")	5/4/02	Hartwick
	3. Taylor Arnold	39.34m (129' 1")	4/17/03	Ithaca
	4. Steve Brandis	39.25m (128' 9")	4/19/08	Cortland
	5. Kyle Dresser	37.88m (124' 3")	4/23/04	Cortland
Hammer	1. Mike DeVasto	47.33m (155' 3")	4/26/09	Cornell
	2. Taylor Arnold	43.26m (141' 11")	4/22/04	Cortland
	3. Angelo Posillico	42.26m (138' 8")	4/5/08	Rich. Stockton
	4. Chad Calhoun	39.48m (129' 6")	5/11/02	Hartwick
	5. Kevin Harding	37.16m (121' 11")	4/17/09	Cortland
Javelin	1. Chris Smith	54.81m (179' 10")	3/27/04	West Point
	2. Joe Sullivan	53.42m (175' 3")	4/17/09	Cortland
	3. Jeremy Cline	48.56m (159' 3")	5/13/07	Icahn Stadium
	4. Eric Duffy	44.00m (144' 4")	5/10/02	Albany
	5. Zach Mandell	43.75m (143' 6")	4/17/04	Hartwick
Decathlon	1. Adam Remillard	5,369 points	5/5/07	Oneonta