



**TOP 5 WOMEN'S OUTDOOR TRACK & FIELD PERFORMERS**  
(Since 2002, As of 5/23/09)

<b>EVENT</b>	<b>NAME</b>	<b>PERFORMANCE</b>	<b>DATE</b>	<b>LOCATION</b>
<b>100 meters</b>	1. Musu Jackson-Buckner	11.83	4/28/06	Brockport
	2. Ashlee Robertson	12.32	4/15/06	Soka
	3. Maureen Verdier	12.47	4/14/07	TCNJ
	4. Melissa Kanterman	12.55	4/28/06	Brockport
	5. Janine Sacca	12.67	4/26/08	Cortland
<b>200 meters</b>	1. Musu Jackson-Buckner	23.75	5/27/06	Benedictine
	2. Ashlee Robertson	24.90	4/30/05	Oneonta
	3. Janine Sacca	25.76	4/26/08	Cortland
	4. Melissa Kanterman	25.81	5/18/07	Oneonta
	5. Maureen Verdier	26.46	4/14/07	TCNJ
<b>400 meters</b>	1. Ashlee Robertson	55.16	5/28/05	Wartburg
	2. Maureen Verdier	58.29	5/5/07	Oneonta
	3. Kristen Stein	59.64	5/2/09	Oneonta
	4. Connie Belkevich	59.82	5/15/09	Springfield
	5. Lauren Brunetto	59.88	4/26/09	Cornell
<b>800 meters</b>	1. Kaitlin O'Sullivan	2:12.37	5/15/06	Villanova
	2. Kelly Stevens	2:14.35	5/8/04	Albany
	3. Lauren Brunetto	2:14.50	5/11/09	Swarthmore
	4. Mary Velan	2:17.27	5/20/05	Springfield
	5. Jen Macri	2:17.47	5/16/03	MIT
<b>1,500 meters</b>	1. Kaitlin O'Sullivan	4:31.50	5/25/06	Benedictine
	2. Kelly Stevens	4:41.86	5/16/03	MIT
	3. Celia Alterio	4:52.42	5/11/09	Swarthmore
	4. Jen Macri	4:54.67	4/12/03	Rochester
	5. Lauren Brunetto	5:01.69	4/17/09	Cortland
<b>1 Mile</b>	1. Abby McQueeney Penamonte	6:20.19	4/20/02	Hartwick
<b>3,000 meters</b>	1. Kelly Stevens	10:45.70	5/3/03	Oneonta
	2. Kim Davey	11:04.36	4/16/05	USMMA
	3. Celia Alterio	11:16.15	5/3/08	Oneonta
	4. Kaitlyn Keys	11:47.00	5/3/08	Oneonta
	5. Sara Snyder	11:54.04	3/30/02	Mary Wash.
<b>5,000 meters</b>	1. Kaitlin O'Sullivan	18:06.45	5/6/06	Oneonta
	2. Kelly Stevens	18:50.95	4/3/04	CNU
	3. Kim Davey	19:21.70	5/13/05	St. Lawrence
	4. Celia Alterio	19:38.21	5/2/09	Oneonta
	5. Sara Snyder	19:56.48	5/10/02	Albany
<b>10,000 meters</b>	1. Kim Davey	40:42.84	4/29/05	Oneonta
	2. Laura Ewald	42:36.73	4/22/04	Cortland
	3. Abby McQueeney Penamonte	44:55.22	4/26/03	Kingston
	4. Maria Compson	45:24.14	5/10/03	Albany
	5. Margaret Conlon	45:45.82	5/1/09	Oneonta

<b>100 meter HH</b>	1. Maureen Verdier	15.57	4/21/07	Cortland
	2. Janelle Bashant	16.30	5/13/07	Icahn Stadium
	3. Erica Weiglhofer	16.47	5/1/09	Oneonta
	4. Liz Maziejka	16.60	4/17/09	Cortland
	5. Cailey Wood	17.48	5/1/09	Oneonta
<b>400 meter IH</b>	1. Maureen Verdier	1:01.16	5/18/07	Oneonta
	2. Liz Maziejka	1:04.04	5/2/09	Oneonta
	3. Rose Velan	1:07.63	5/1/04	Oneonta
	4. Kaitlin O'Sullivan	1:10.42	4/23/04	Cortland
	5. Janelle Bashant	1:11.58	5/5/07	Oneonta
<b>3,000 meter steeplechase</b>	1. Kaitlin O'Sullivan	11:04.80	4/29/06	Brockport
	2. Celia Alterio	11:51.62	5/15/08	Springfield
	3. Margaret Conlon	12:31.75	4/21/09	Ithaca
	4. Ellen Paccia	12:48.07	5/2/09	Oneonta
	5. Katie Fox	12:53.77	4/8/06	Rich. Stock.
<b>400 meter relay</b>	1. Verdier, Jackson-Buckner, Kanterman, Robertson	47.05	5/27/06	Benedictine
	2. Verdier, Jackson-Buckner, M Velan, Robertson	48.12	5/20/05	Springfield
	3. Verdier, Jackson-Buckner, M Velan, Putnam	50.78	4/16/05	USMMA
	4. Maziejka, Belkevich, Brunetto, Stein	50.97	4/18/09	Cortland
	5. Sacca, Kanterman, Stein, Verdier	50.98	4/21/07	Cortland
<b>800 meter relay</b>	1. Robertson, Davis, Stevens, R Velan	1:51.32	4/26/02	Penn Relays
	2. Gramlich, Villari, Rohne, Compson	2:11.57	3/26/05	Mary Wash.
<b>1,600 meter relay</b>	1. Jackson-Buckner, M Velan, Verdier, Robertson	3:56.40	5/7/05	Oneonta
	2. Verdier, O'Sullivan, Jackson-Buckner, Robertson	3:56.54	5/20/05	Springfield
	3. Verdier, Robertson, Stevens, R Velan	3:57.73	5/8/04	Albany
	4. Maziejka, Brunetto, Stein, Sacca	3:57.78	5/2/09	Oneonta
	5. Belkevich, Brunetto, Stein, Sacca	3:57.89	5/9/09	Icahn Stadium
<b>3,200 meter relay</b>	1. Stein, Conlon, Paccia, Alterio	10:26.94	4/18/09	Cortland
	2. Robertson, Snyder, Tichio, Tylutki	10:56.60	3/23/02	Disney
<b>SMR</b> (100-100-200-400)	1. Bashant, Gramlich, Compson, Villari	2:16.12	3/26/05	Mary Wash.
<b>SMR</b> (200-200-400-800)	1. Sacca, Belkevich, Stein, Mattice	4:22.36	4/12/08	TCNJ
<b>DMR</b>	1. McQueeney Penamonte, Tichio, Tylutki, Snyder	14:09.24	3/30/02	Mary Wash.
	2. Compson, Bashant, Rohne, Villari	14:33.69	3/26/05	Mary Wash.
<b>High Jump</b>	1. Erica Weiglhofer	1.55m (5' 1")	4/14/09	Delhi
	2. Cailey Wood	1.48m (4' 10 1/4")	4/21/09	Ithaca
	3. Stacy Lehmann	1.37m (4' 6")	3/29/03	West Point
	3. Janelle Bashant	1.37m (4' 6")	5/5/07	Oneonta
<b>Pole Vault</b>	1. Lauren Christian	3.05m (10' 0")	5/6/06	Oneonta
	2. Abby McQueeney Penamonte	2.60m (8' 6 1/4")	5/1/04	Oneonta
	3. Julie Joyce	2.29m (7' 6")	4/19/03	Oneonta
<b>Long Jump</b>	1. Musu Jackson-Buckner	5.22m (17' 1 1/2")	5/7/05	Oneonta
	2. Brooke Davis	4.98m (16' 4 1/4")	5/4/02	Oneonta
	3. Erica Weiglhofer	4.97m (16' 3 3/4")	5/1/09	Oneonta
	4. Lauren Christian	4.83m (15' 10 1/4")	5/6/06	Oneonta
	5. Janelle Bashant	4.73m (15' 6 1/4")	5/5/07	Oneonta

<b>Triple Jump</b>	1. Musu Jackson-Buckner	11.99m (39' 4")	4/29/06	Brockport
	2. Brooke Davis	10.24m (33' 7 1/4")	4/13/02	West Point
	3. Kerry Gramlich	9.85m (32' 3 3/4")	5/1/04	Oneonta
	4. Jenny Schultz	8.75m (28' 8 1/2")	4/21/09	Ithaca
	5. Kim Spellman	8.05m (26' 5")	3/30/02	Mary Wash.
<b>Shot Put</b>	1. Stephanie Gordon	11.25m (36' 11")	5/13/07	Icahn Stadium
	2. Kristin Miltenberg	10.37m (34' 1/4")	3/29/03	West Point
	3. Caitlyn Fanning	10.32m (33' 10 1/4")	5/1/04	Oneonta
	4. Kelly Huth	10.30m (33' 9 1/2")	5/1/04	Oneonta
	5. Jillian Bley	10.24m (33' 7 1/4")	4/18/09	Cortland
<b>Discus</b>	1. Sarah Timmons	39.48m (129' 6")	4/14/09	Delhi
	2. Stephanie Gordon	36.20m (118' 9")	4/21/07	Cortland
	3. Kelly Huth	35.03m (114' 11")	3/27/04	West Point
	4. Kristin Miltenberg	33.43m (109' 8")	5/3/03	Hartwick
	5. Alisha Zink	32.76m (107' 6")	5/3/08	Oneonta
<b>Hammer</b>	1. Sarah Timmons	41.58m (136' 5")	4/26/09	Cornell
	2. Caitlyn Fanning	39.64m (130' 1")	5/5/07	Oneonta
	3. Stephanie Gordon	37.30m (122' 4")	4/11/08	TCNJ
	4. Jillian Bley	37.26m (122' 3")	5/1/09	Oneonta
	5. Holly Cooper	34.47m (113' 1")	5/8/04	Albany
<b>Javelin</b>	1. Kelly Huth	30.65m (100' 7")	4/3/04	CNU
	2. Caitlyn Fanning	29.38m (96' 5")	4/14/07	TCNJ
	3. Sarah Timmons	28.15m (92' 4")	5/2/09	Oneonta
	4. Stephanie Gordon	25.57m (83' 11")	4/26/08	Cortland
	5. Jessica Tylutki	23.82m (78' 1 3/4")	5/10/03	Albany