

Thank you for taking this questionnaire.

Your participation in taking this survey is strictly voluntary, and you may stop at any time.

Your responses will be kept confidential.

### Instructions

We ask that you take this survey privately and answer the questions as they apply to you individually.

If you are not sure how to interpret a question, just interpret it in your own way.

### Part 1

For each question below, please circle the number that best applies to you,

using the scale from 1 to 7 below:

<b>1 = Strongly Disagree</b>	<b>2 = Disagree</b>	<b>3 = Slightly Disagree</b>
<b>4 = Neutral</b>		
<b>5 = Slightly Agree</b>	<b>6 = Agree</b>	<b>7 = Strongly Agree</b>

You may circle the N/A for any question that does not apply to you.

	Strongly Disagree			Neutral			Strongly Agree		
1	I consider myself an optimistic person	1	2	3	4	5	6	7	N/A
2	I exercise regularly	1	2	3	4	5	6	7	N/A
3	Other people consider me a happy person	1	2	3	4	5	6	7	N/A
4	My income contributes to my happiness	1	2	3	4	5	6	7	N/A
5	my family is supportive	1	2	3	4	5	6	7	N/A
6	I am involved in my local community and/or my college community	1	2	3	4	5	6	7	N/A
7	I consider myself physically healthy	1	2	3	4	5	6	7	N/A
8	I am often dissatisfied with my life	1	2	3	4	5	6	7	N/A
9	I am satisfied with my relationship status	1	2	3	4	5	6	7	N/A
10	If I had more money, I'd be happier	1	2	3	4	5	6	7	N/A
11	I feel there is a big difference between who I am and who I want to be	1	2	3	4	5	6	7	N/A
12	I drink alcohol when I'm upset	1	2	3	4	5	6	7	N/A
13	I feel close to my family	1	2	3	4	5	6	7	N/A
14	I have some very close friends	1	2	3	4	5	6	7	N/A
15	family is very important to me	1	2	3	4	5	6	7	N/A
16	I laugh often	1	2	3	4	5	6	7	N/A
17	I drink alcohol frequently	1	2	3	4	5	6	7	N/A
18	I have lots of friends	1	2	3	4	5	6	7	N/A
19	I enjoy my life	1	2	3	4	5	6	7	N/A
20	I consider myself financially stable	1	2	3	4	5	6	7	N/A
21	I often find myself looking at the negative side of things rather than the positive	1	2	3	4	5	6	7	N/A
22	I grew up living with both parents	1	2	3	4	5	6	7	N/A
23	I generally get enough sleep	1	2	3	4	5	6	7	N/A
24	I am in a serious romantic relationship that satisfies me	1	2	3	4	5	6	7	N/A
25	I am in a serious romantic relationship	1	2	3	4	5	6	7	N/A
26	My life is meaningful and has direction	1	2	3	4	5	6	7	N/A
27	my friends tell me I drink too much	1	2	3	4	5	6	7	N/A
28	I am usually in a good mood	1	2	3	4	5	6	7	N/A

... / continued ---->>>

## Part 2

For each of the questions below, please circle the appropriate item or fill in the blank.

- 29 What is your age? \_\_\_\_\_
- 30 What is your gender? \_\_\_\_\_
- 31 What is your highest level of education?  
High school / some college / completed college / advanced degree
- 32 If you are now in college, what year are you?  
freshman / sophomore / junior / senior
- 33 What is your college major? \_\_\_\_\_
- 34 What kind of area did you generally grow up in?  
Rural (country) / suburbs / urban (city)

THANK YOU for taking the time to complete this questionnaire.  
Please return the questionnaire in the sealed envelop to assure confidentiality.