

## VALUE SURVEY: WHAT I WANT OUT OF LIFE

Rate each item from one to five. Try to spread your ratings so that you use several of each number.

1 = Not at all important to me

5 = Very important to me

\_\_\_\_\_ A comfortable life (a prosperous life)

\_\_\_\_\_ Equality (brotherhood, equal opportunity for all)

\_\_\_\_\_ An exciting life (a stimulating, active life)

\_\_\_\_\_ Family security (taking care of loved ones)

\_\_\_\_\_ Freedom (independence, free choice)

\_\_\_\_\_ Happiness (contentedness)

\_\_\_\_\_ Inner harmony (freedom from inner conflict)

\_\_\_\_\_ Mature love (sexual and spiritual intimacy)

\_\_\_\_\_ National security (protection from attack)

\_\_\_\_\_ Pleasure (an enjoyable, leisurely life)

\_\_\_\_\_ Salvation (deliverance from sin, eternal life)

\_\_\_\_\_ Self-respect (self-esteem)

\_\_\_\_\_ A sense of accomplishment (making a lasting contribution)

\_\_\_\_\_ Self-control (self-discipline)

\_\_\_\_\_ Social recognition (respect, admiration)

\_\_\_\_\_ True friendship (close companionship)

\_\_\_\_\_ Wisdom (a mature understanding of life)

Others (describe):

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